

HEALTH AND WELLNESS COMMITTEE OF THE CoA

Meeting Notes
November 2, 2016
9-10:30
7300 Calhoun Place

Commission Members: David Denton, Tammy Duell, Judy Levy, Judy Peres, Hiliea Seeger, Dr. Revathi Vikram

Guests: Marsha Weber, Dr. Alan Kaplan,

Staff: Tina Purser Langley

Topic	Discussion Points	Decisions/Follow-up
1. Welcome & Introductions		
2. Dementia Friendly Initiative (DFI)	<ul style="list-style-type: none">• DFI is a diverse group with representatives from each of Dementia Friendly Teams of Mo Co. They meet every other month.• The DFAI works with 10 domains, whereas the Age Friendly initiative of Mo Co based on WHO AARP HA 8 domains. Age Friendly domains cut across the entire age spectrum. The DFI domains are more senior and dementia focused. The groups work in committees.• The Public Safety Group is impressive, working with people with dementia as well as with disaster planning.• It is a long term initiative which is making a good start.• Discussion included the work that Hospitals have initiated to promote independent living of seniors post hospital discharge as well as working with the Villages and have a partnership with MoCo Community College.	<ul style="list-style-type: none">• Public Launch 12/5 @ 10 am, Public Safety Building, 1000 Edison Park Drive, Gaithersburg, MD 20878

3.Nexus Montgomery	<p>Representatives of different organizations with Primary Care Coalition as lead. All 6 area hospitals are involved. Funding source is the special way in which Medicare funding in Maryland is distributed. The Nexus project is for MoCo.</p> <ul style="list-style-type: none"> • 1st phase focused on Senior Housing for all levels of income in 30+ zip codes. It is a population health approach with Health coaches to help seniors live independently. Working with Primary Care Physicians. The teams work in 3 hubs. • Start date for referrals was October 3rd. Behavioral Health is included. • Suburban Hospitals and others are already following patients with CHF, remotely monitoring them daily post discharge for 30 days with home care and physician involvement. 	<ul style="list-style-type: none"> • Tina will check with Noelle and Odile about trying to get Nexus Montgomery to present to the Commission in January with updates on the implementation of the WISH care coordinator HUBs.
4. North Potomac Community Center	<ul style="list-style-type: none"> • The North Potomac Senior Center has opened. No director has been hired yet. Great facility and very spacious. A South Asian Day is being planned by Rev and a group of volunteers. • Senior Fit and Bone Builders are up and running at the Center. 	<ul style="list-style-type: none"> • Rev will update the group on the South Asian Day and ask for volunteers as appropriate. • Stop by and see the Center when you have time. • Tina will try and schedule a meeting there in 2017.
5. Oral Health Summer Study Workgroup	<ul style="list-style-type: none"> • Tammy reported that the workgroup met with Robyn Elliott of the Maryland Dental Action Coalition on Oct 4 in collaboration with the Maryland Office on Oral Health. Great discussion on the upcoming piece of legislation regarding Medicaid benefits for seniors. Seniors will also be the focus of the next five-year plan. • Tammy and Mary will be presenting at the Legislative Breakfast on November 17 and 	<ul style="list-style-type: none"> • Robyn Elliott of the Maryland Dental Action Coalition is looking for someone from the Summer Study to be on panel with other counties. Please contact Tammy if you are interested. • The CoA H&W Committee will continue the work of the dental services summer study throughout the coming year in 2017.

	<p>will be discussion the need for legislative action on: Dental Hygienist Bill at Assisted Living Facilities; and Medicaid paying for Adult Dental Care</p> <ul style="list-style-type: none"> • A letter has been sent to the Governor regarding senior dental needs. In addition, the Commission on Veteran's affairs and Disabilities are writing to the Governor to help support the senior dental needs. 	<ul style="list-style-type: none"> • Tina reported that there is still an interested in Dental needs from members of the Summer Study. A small workgroup maybe formed after the 1st of the year. • Tina also reported that the County with local partners are looking into to a new grant from the Community Health Resources Commission. More information should be available at the next meeting.
6. Announcements	<ul style="list-style-type: none"> • Legislative Breakfast—November 17 @ 8 am Holiday Park Senior Center • Next Meeting-December 6, 9 am. 	Leadership Montgomery Senior Health and Wellness Expo at Holiday Park 11/2 from 1-4 pm.